

PLAIN SPEAKING

CENTRAL PLAINS' LIBRARY SYSTEM' NEWSLETTER

Educate | Connect | Inspire

Take Care

I have said and written the short phrase, "Take Care" many times...when hanging up the phone or at the end of an email or a handwritten note. These two simple words have new meaning in light of COVID-19 and all aspects of the pandemic we are currently living through.

Self-care is critical when coping with stressful situations that you cannot control. When you're feeling tired and overwhelmed, it is time to assess how well you are caring for your mind, body, and spirit.

Mental self-care involves doing things to keep your mind sharp and doing proactive things to help you stay mentally fit. Make time to unwind and do activities you enjoy—music, reading, journaling, walking, or puzzles. Take breaks from news stories including social media. Hearing about the pandemic repeatedly can be upsetting.

Physical self-care sounds easy enough. We all know that it is important to take deep breaths and stretch; to eat nutritious, well-balanced meals; to exercise regularly and get plenty of sleep; and to avoid alcohol and drugs. It all sounds easy...but it can be very difficult to manage.

Coping skills are necessary to deal with emotions such as anxiety and anger. Emotional self-care includes activities that help you express those feelings. Stay in close contact with family and friends who you can talk to about how you're feeling. Also, incorporate activities into your daily schedule that are meaningful to you and help you feel recharged.

Create a Self-Care Plan. You don't have to make sweeping changes. Identify one small thing that you can do differently. Make time to focus on your own needs...It's Important.

<https://www.verywellmind.com/self-care-strategies-overall-stress-reduction-3144729>



NEWS INSIDE THIS ISSUE:

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Snow Many Great Books!



2021 Winter Reading Program December 1, 2020 – February 28, 2021

The Nebraska Regional Library Systems and the Nebraska Library Commission want citizens of Nebraska to stay warm this winter and enjoy the terrific library books available in public libraries across the state. To participate, go to ReaderZone.com or download the Reader Zone app on your smart device. Register for the Snow Many Great Books! program with this 5-digit code **93723**. Complete at least eight of the twenty challenges by February 28th to be eligible for a Grand Prize Drawing for one of three \$50 Visa Gift Cards. Please choose books you've never read from your home library. Books can be fiction or nonfiction, and J, YA, or Adult. Contest is open to all Nebraskans ages 10 and older. Drawing will be held March 15, 2021.

- 1) Read a book with "snow" in the title.
- 2) Read a book set in a place where it typically snows.
- 3) Read a book in bed, under a blanket.
- 4) Read a book with a recipe in it.
- 5) Read any large print book.
- 6) Read a nonfiction book about a winter sport.
- 7) Read a book with a picture of a penguin or a polar bear on the cover.
- 8) Read with a scarf and gloves on.
- 9) Read a book about traditions.
- 10) Read a favorite book from your own childhood.
- 11) Read a book that became a movie.
- 12) Read to someone younger than you.
- 13) Read a book on a cold and snowy day.
- 14) Read a book with "blue" in the title.
- 15) Listen to any audiobook.
- 16) Read in your pajamas.
- 17) Read a book where winter plays a part in the story.
- 18) Read a book with a one-word title.
- 19) Read a classic you've been meaning to read.
- 20) Read a book recommended by your librarian.

This activity is supported in part with funding from the State of Nebraska and from the Institute of Museum and Library Services under the provision of the Library Services and Technology Act as administered by the Nebraska Library Commission.



2021 SUMMER READING VIRTUAL WORKSHOPS

TUESDAY, JANUARY 26TH

OR


THURSDAY, MARCH 11TH

JOIN CENTRAL PLAINS LIBRARY SYSTEM AT OUR VIRTUAL SUMMER READING WORKSHOP, TAILS AND TALES! WE HAVE SOME EXCITING IDEAS TO SHARE WITH YOU TO MAKE YOUR SUMMER READING PROGRAMS SPECTACULAR! THERE WILL BE A VARIETY OF SESSIONS TO PEAK YOUR INTEREST INCLUDING (BUT CERTAINLY NOT LIMITED TO):

**BOOK REVIEWS WITH SALLY
BEST OF THE BEST MANUAL IDEAS FOR VIRTUAL PROGRAMMING
SHARABLE PROGRAMS FROM AROUND THE SYSTEM
MAKE TAILS & TELL TALES WITH JODY
BOOKMARK EXTRAVAGANZA
PUPPET PREVIEW
PRIZES**

[REGISTER HERE](#) TO ATTEND EITHER EVENT. PLEASE NOTE THAT REGISTRATION WILL BE CLOSED A WEEK PRIOR TO THE EVENT IN ORDER TO HAVE ALL THE GOODIE BAGS AND CRAFTS THAT WE WILL BE DOING SENT OUT TO EACH PERSON ATTENDING. BE SURE TO PLAN AHEAD AND GET REGISTERED TODAY!

This activity is supported in part with funding from the State of Nebraska and from the Institute of Museum and Library Services under the provision of the Library Services and Technology Act as administered by the Nebraska Library Commission.



FULL S.T.E.A.M. AHEAD FEBRUARY

WE MAY HAVE BITTEN OFF MORE THAN WE CAN CHEW BUT WE ARE PLANNING ON GOING FULL-S.T.E.A.M. AHEAD DURING FEBRUARY ANYWAY!

Join CPLS for an ALL FEBRUARY LONG celebration as we Full S.T.E.A.M. Ahead our way through the month!

**Kickoff Meeting:
Monday, 2/1/21 (2pm)**

Every weekday registrants will find a new, exciting S.T.E.A.M. activities video delivered directly to their inbox! Then you can choose which activity you want to sign up for to share with your patrons. Our S.T.E.A.M. activity kits, including instructional video, materials, etc will be provided to your library free of charge!

[REGISTER HERE TO JOIN THE FUN!](#)

This activity is supported in part with funding from the State of Nebraska and from the Institute of Museum and Library Services under the provision of the Library Services and Technology Act as administered by the Nebraska Library Commission.



GOLDEN SOWER VOTING SITE IS OPEN FOR STUDENT VOTES FOR 2020-2021

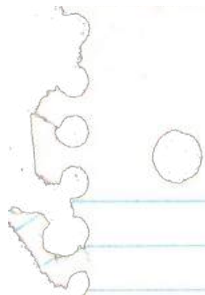
THE LINKS TO THE GOLDEN SOWER VOTING PAGES FOR 2020-2021 ARE NOW ACTIVE. VOTING IS OPEN FROM NOVEMBER 1 - APRIL 15. GO TO THE GOLDEN SOWER WEBPAGE: WWW.GOLDENSOWER.ORG AND CLICK ON THE LINK FOR VOTING FOUND AT THE TOP OF THE PAGE. AND REMEMBER TO SUBMIT ALL OF THE VOTES FOR ALL OF THE TITLES, NOT JUST THE VOTES FOR THE TITLE THAT WINS IN YOUR CLASS/SCHOOL!

YOU DO NOT NEED TO WAIT UNTIL APRIL TO SUBMIT YOUR STUDENTS' VOTES! ONCE YOU HAVE READ ALL OF THE PICTURE BOOK NOMINEES TO YOUR STUDENTS, IT WOULD BE A GOOD IDEA TO HAVE THEM VOTE AND SUBMIT THE TOTALS ONLINE. THAT WAY THE BOOKS ARE STILL FRESH IN THEIR MINDS, AND YOU WON'T HAVE TO WORRY ABOUT WHAT TO DO IF SCHOOLS ARE CLOSED AGAIN AT SOME POINT. (I KNOW THAT A LOT OF VOTES WERE LOST LAST SPRING WHEN SCHOOLS WERE CLOSED IN MARCH.)

STUDENTS WHO ARE READING THE CHAPTER BOOKS AND NOVELS WILL NEED MORE TIME TO READ THE NOMINEES, SO I REALLY HOPE THAT EVERYONE IS STILL IN SCHOOL NEXT APRIL TO CAST THEIR VOTES!

KATHY SCHULTZ
CHAIR, GOLDEN SOWER AWARD COMMITTEE





NEBRASKA

Letters About Literature

An annual writing contest from the Nebraska Center for the Book.

YOUNG READERS INVITED TO WRITE TO FAVORITE AUTHORS

Young Readers Invited to Write to Favorite Authors

Young readers in grades 4-12 are invited to write a personal letter to an author for the Nebraska Letters about Literature (LAL) contest, a state reading and writing promotion program. The letter can be to any author (living or dead) from any genre-fiction or nonfiction, contemporary or classic-explaining how that author's work changed the student's view of the world. Submissions must be completed online November 1- December 31, 2020. Nebraska Letters About Literature is coordinated and sponsored by the Nebraska Center for the Book and the Nebraska Library Commission, with support from Houchen Bindery, Ltd., Humanities Nebraska, and Chapters Bookstore in Seward.

The Nebraska Center for the Book's panel of judges will select a winner and alternate per competition level (Level I for grades 4-6, Level II for grades 7-8, and Level III for grades 9-12) to be honored in a proclamation-signing ceremony at the state capitol during National Library Week in April 2021. Their winning letters will be placed in the Jane Pope Geske Heritage Room of Nebraska Authors at Bennett Martin Public Library in Lincoln. Nebraska winners and alternates will receive state prizes.

Teachers, librarians, and parents can download the contest guidelines, free teaching materials, information on the online entry system, and past winning letters on the [Nebraska Center for the Book website](#). There will be an informational [NCompass Live](#) webinar on Wednesday, November 4th at 10:00 am CT discussing this year's contest. Get inspired by listening to past Nebraska winners, Ashley Xiques and Sydney Kohl, read and talk about their letters on NET Radio's All About Books (netnebraska.org/basic-page/radio/all-about-books). For more information contact [Nebraska Center for the Book](#).

The Nebraska Center for the Book is housed at the Nebraska Library Commission and brings together the state's readers, writers, booksellers, librarians, publishers, printers, educators, and scholars to build the community of the book, supporting programs to celebrate and stimulate public interest in books, reading, and the written word. The Nebraska Center for the Book is supported by the Nebraska Library Commission.

As the state library agency, the Nebraska Library Commission is an advocate for the library and information needs of all Nebraskans. The mission of the Library Commission is statewide promotion, development, and coordination of library and information services, "bringing together people and information."



Hello, All Nebraska Librarians -

During the first week in January we will be holding a random drawing for 125 free memberships for anyone who has either never been a part of the NLA, or for those whose memberships have been lapsed for at least 5 years.

Applicants need to fill out [this simple form](#) with their name and email, starting now through the rest of 2020. Only one entry per person will be accepted. That's it! We want this process to be as straightforward as possible.

Please note that if a new member wants to join a Section or Round Table, then s/he/they will need to pay for that membership.

If you are a current NLA member, then please help spread the news of this opportunity. Be assured that we have something special coming for you, too, in the near future.

As with any volunteer organization, we are only as strong and impactful as our members make us. With the opportunity to have a large amount of fresh ideas, perspectives, and energy pouring into the NLA, we feel confident that we will continue to benefit Nebraska librarians for another 125 years and beyond.

Sincerely,

Rebecca McCorkindale
NLA Past President

For questions, please contact:
nlaexecutivedirector@nebraskalibraries.org

2021 CALL FOR SPEAKERS NOW OPEN!

THE CALL FOR SPEAKERS FOR BIG TALK FROM SMALL LIBRARIES 2021 IS NOW OPEN!

THIS FREE ONE- DAY ONLINE CONFERENCE IS AIMED AT LIBRARIANS FROM SMALL LIBRARIES: THE SMALLER THE BETTER! WE ARE LOOKING FOR SPEAKERS FROM SMALL LIBRARIES OR SPEAKERS WHO DIRECTLY WORK WITH SMALL LIBRARIES. SMALL LIBRARIES OF ALL TYPES – PUBLIC. ACADEMIC. SCHOOL. MUSEUM. SPECIAL. ETC. – ARE ENCOURAGED TO SUBMIT A PROPOSAL. WE'RE LOOKING FOR SEVEN 50- MINUTE PRESENTATIONS AND FIVE 10- MINUTE "LIGHTNING ROUND" PRESENTATIONS.

**Submit your proposal by
Friday, January 8, 2021.**

BIG TALK FROM SMALL LIBRARIES 2021 WILL BE HELD ON FRIDAY, FEBRUARY 26, 2021 BETWEEN 8:45 A.M. AND 5:00 P.M. (CT) VIA THE GOTOWEBINAR ONLINE MEETING SERVICE.



PHOTO BY [PATRICK FORE](#)
ON [UNSPLASH](#)

Prairie Forge: The Extraordinary Story of the Nebraska Scrap Metal Drive of World War II Chosen as 2021 One Book One Nebraska

People across Nebraska are encouraged to read the work of a Nebraskan —and then talk about it with their friends and neighbors. *Prairie Forge: The Extraordinary Story of the Nebraska Scrap Metal Drive of World War II* (Bison Books, 2014) by James J. Kimble is the 2021 One Book One Nebraska selection.

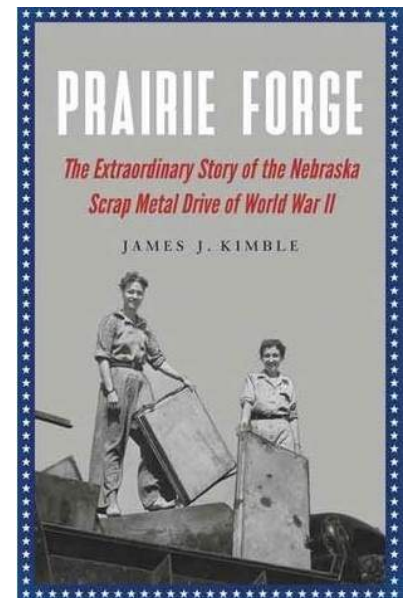
Prairie Forge: The Extraordinary Story of the Nebraska Scrap Metal Drive of World War II takes readers across the entire state of Nebraska during the scrap metal drive early in America's involvement in World War II. When Henry Doorly initially developed a plan to urge citizens to donate scrap metal to help with arms production, he had no idea that his plan would expand from Omaha to the entire state and then be used as a model for a national scrap drive. Readers from the selection committee felt that this book would draw readers into good discussions about the entire state's participation in the challenge to provide scrap metal. Readers were impressed that the book covered every county's participation in the Nebraska Plan, and how this fit into the larger effort on a national level.

Libraries across Nebraska will join other literary and cultural organizations in planning book discussions, activities, and events that will encourage Nebraskans to read and discuss this book. Support materials to assist with local reading/discussion activities will be available after January 1, 2021 at: <http://onebook.nebraska.gov>. Updates and activity listings will be posted on the One Book One Nebraska Facebook page at: <http://www.facebook.com/onebookonenebraska>.

2021 will mark the seventeenth year of the One Book One Nebraska reading program, sponsored by the Nebraska Center for the Book. It encourages Nebraskans across the state to read and discuss one book, chosen from books written by Nebraska authors or that have a Nebraska theme or setting. The Nebraska Center for the Book invites recommendations for One Book One Nebraska book selection year-round at <http://centerforthebook.nebraska.gov/obon-nomination.asp>.

One Book One Nebraska is sponsored by the Nebraska Center for the Book, Humanities Nebraska, and the Nebraska Library Commission. The Nebraska Center for the Book brings together the state's readers, writers, booksellers, librarians, publishers, printers, educators, and scholars to build the community of the book, supporting programs to celebrate and stimulate public interest in books, reading, and the written word. The Nebraska Center for the Book is housed at and supported by the Nebraska Library Commission

As the state library agency, the Nebraska Library Commission is an advocate for the library and information needs of all Nebraskans. The mission of the Library Commission is statewide promotion, development, and coordination of library and information services, "bringing together people and information."



CPLS SYSTEM NEWS WE CAN ALL USE:



LOOKING FORWARD....



The Arapahoe Public Library has a silver lining in this cloud of Covid-19. We were awarded a matching grant from the NE Dept of Economic Development's Civic and Community Center Financing Fund. This has allowed us to begin a major renovation project. Our library building is in what once was the Peace Lutheran Church, built in 1959. We're adding on an additional 1,720 square feet which includes a new community room that can be used for programming, meetings or space the public can rent. It also includes new ADA accessible bathrooms, an ADA parking space and a drive-up service window. The interior of the building is also seeing major changes, but the original footprint of the church remains the same. Paulsen, Inc is the contractor for the project and Wilkins Architecture Design Planning of Kearney is the firm overseeing the design.

We're continuing to fundraise for this project with a capital campaign project, and the 3rd Annual Arapahoe Gala, which we hope can be an in-person event on April 24th. Weather pending, we hope to be moved back into our building in March of 2021.

We're currently working out of a much smaller space in the American Legion Hall. About one third of our collection is sitting in boxes in our Sr Center.

We have something to look forward to, which has been a saving grace during this time.

Article submitted by Jennifer Einspahr, Director of Arapahoe Public Library

*Gone are the days of
summer.....*

We had Shark Night at the pool from 6 p.m. - 9 p.m. During the two breaks they had I read a book outside on the bench and they had snacks. One time they had the shark cookies (made by a local lady & were individually wrapped). The next break they had individually packaged popcorn with a gummy shark and Capri Sun drink that was Sharkberry flavored.



Article and pictures provided by Amanda Shelton, Franklin Public Library Director.

Smiley Sweet Cakes

AUDIOBOOK COLLECTION

CPLS owns over 1,200 circulating audiobook titles. System member libraries may borrow audiobooks (CD, MP3, and Playaway formats) for a loan period of 90 days. Here are some new additions:

- The Fallen** by Baldacci, David
Redemption by Baldacci, David
In the Heat of the Night by Ball, John (MP3)
Thick as Thieves by Brown, Sandra
In Another Time by Cantor, Jillian
The Mystery of Three Quarters by Christie, Agatha
Her Christmas Cowboy by Clare, Jessica (MP3)
I've Got My Eyes on You by Clark, Mary Higgins
You Don't Own Me by Clark, Mary Higgins
Outsider by Castillo, Linda
The Boy From the Woods by Coben, Harlan (MP3)
The Ballad of Songbirds and Snakes by Collins, Suzanne
A Book of Bones by Connolly, John
The Wright Sister by Dann, Patty
A Week at the Shore by Delinsky, Barbara
The Patient by Dewitt, Jasper
His & Hers by Feeney, Alice
Christmas Cupcake Murder by Fluke, Joanne
I Wanna Be Where You Are by Forest, Kristina
The Lost Girls of Camp Forevermore by Fu, Kim (MP3)
A Lesson Before Dying by Gaines, Ernest J. (MP3)
Someone's Listening by Glass, Seraphina Nova
The Perfect Father by Glatt, John (MP3)
A Time for Mercy by Grisham, John
Ghost Up Her Game by Hart, Carolyn
The German House by Hess, Annette
Take a Hint, Dani Brown by Hibbert, Talia
The Iron Tiger by Jack Higgins (MP3)
Winter Solstice by Hilderbrand, Elin
Their Last Breath by Hodge, Sibel (MP3)
Eden Mine by Hulse, S.M.
Paranoid by Jackson, Lisa (MP3)
- The Jane Austen Society** by Jenner, Natalie
The Kommandant's Girl by Jenoff, Pam (MP3)
If It Bleeds by King, Stephen
The Exiles by Kline, Christina Baker
Pew by Lacey, Catherine (MP3)
More Better Deals by Lansdale, Joe R.
For The Best by Lillie, Vanessa (MP3)
Jingle All The Way by Macomber, Debbie
The New American by Marcom, Micheline Aharonian
America's First Female Serial Killer by McBrayer, Mary Kay
A Good Marriage by McCreight, Kimberly (MP3)
Holly and Ivy by Michaels, Fern (MP3)
The Less Dead by Mina, Denise
Night. Sleep. Death. The Stars. by Oates, Joyce Carol (MP3)
The Curious Charms of Arthur Pepper by Phaedra, Patrick
Such a Fun Age by Reid, Kiley
The Rescuer by Sautel, Jason (MP3)
The Worst Best Man by Sosa, Mia (MP3)
Every Breath by Sparks, Nicholas (MP3)
The Wedding by Sparks, Nicholas
Honeysuckle Season by Taylor, Mary Ellen
Mother Daughter Widow Wife by Wasserman, Robin



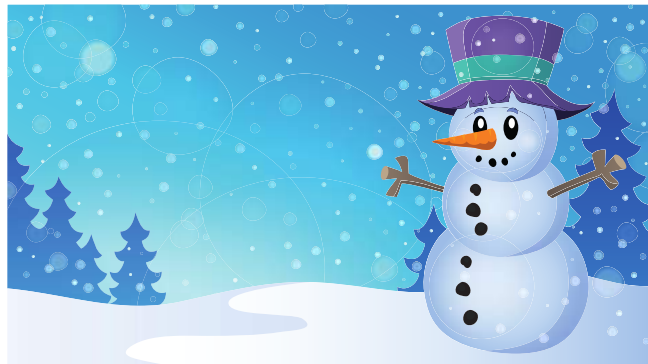
Disc Cleaning and Repair

The System Office has the ECO AUTO-SMART Fully Automatic Disc Repair System.

It is not just a buffer, but a full-service machine, to both clean and repair your valuable discs. Save those discs that won't play! As long as they are not cracked, we can fix them.

From July 1, 2020 thru June 30, 2021, each CPLS member library has 10 free disc cleanings available to them.

If you have more than 10 discs that need fixing, you may send them to us and we will repair them and send them back with an invoice for .50 cents per disc plus return postage. If you come to the CPLS Office in Hastings and pick up the repaired discs, the charge is .50 cents per disc. A similar service at a retail video outlet costs more than \$5.00 per disc!



Cover One Book Repair Service

The System has a binding repair machine that fixes a variety of types and sizes of books. This machine easily binds up to a 2½" thick book and it has a sliding wall to hold smaller books in place. It will also work with legal size as well as regular 8½ x 11" size items. Repaired books will be ready to use in just 20 minutes! Go to <http://www.coverone.net> and click on the link for Book Repair Demo on the left-hand side of the page to see it in action.

This machine is perfect to repair books with glued bindings that have "popped" and split into several big chunks, paperbacks that have come out of their covers, and books where individual pages are coming loose.



Mail or bring your books to the System Office.

We will repair them for \$1 per book plus return postage cost.



Library and Information Services

Online Course Offerings

Spring 2021

January 11, 2021 – May 6, 2021

Enrollment for Spring Semester 2021 opens

Thursday, Nov. 12, 2020

LIBR 2100 Reference Resources and Services

Marty Magee, Instructor

- Professional competencies including legal and ethical responsibilities • Reference interview process
- The Reference collection
- Evaluation and use of digital resources, including databases, and websites

LIBR 2150 Managing Collections in Libraries and Information Agencies

Patty Birch, Instructor

- Basics of Collection Management including terminology and models • 21st Century Libraries
- Selection, Acquisition, Deselection/Weeding
- Intellectual Freedom and Copyright

LIBR 2210 Cataloging and Classification

Ruth Carlock, Instructor

- The bibliographic record
- Sears and Library of Congress subject headings
- Dewey Decimal and Library of Congress classification systems • Machine-Readable Cataloging Record (MARC record)
- Resource Description and Access (RDA) Instructions

Fall 2021 Spring 2022

Libr 1010

Foundations of Library and Information Services

Libr 2250

Leadership and Management in Library and Information Agencies

Libr 2940

Library Science Capstone Practicum

Libr 2100

Reference Resources and Services

Libr 2150

Managing Collections in Libraries and Information Agencies

Libr 2210

Cataloging and Classification

For more information on the Library and Information Services program, see: <https://www.cccneb.edu/lis/>

For information concerning Admissions or Registration, contact: Dee Johnson djohnson@cccneb.edu,

402-562-1418 or Toll Free at 877-222-0780

Central Community College is an affirmative action/equal opportunity institution.

MASTER OF LIBRARY SCIENCE INFO SESSION

EMPORIA STATE
UNIVERSITY
ACCELERATED ONLINE PROGRAMS

SLIM Continuing Education Courses in Spring 2021

Visit our online catalog at [https://secure.touchnet.com/C20725_ustores/web/store_cat.jsp?](https://secure.touchnet.com/C20725_ustores/web/store_cat.jsp?STOREID=33&CATID=180)

[STOREID=33&CATID=180](https://secure.touchnet.com/C20725_ustores/web/store_cat.jsp?STOREID=33&CATID=180)

Price: \$125 per course

[January 25 - March 19, 2021] **Time Management Skills**

Effective time management can make a huge difference in your productivity and feelings of satisfaction with your work. In this six-week course you will learn techniques and explore tools for managing your time, increasing your productivity, and collaborating with others. You will discover free and low-cost technology tools that can help you with time tracking, task management, goal and priority setting, and team projects. Examples and exercises in the course will specifically focus on time management for library and information professionals. Brenda Hough, author of the book [Crash Course in Time Management for Library Staff](#), will help you plot your personal path to time management success. Instructor: Brenda Hough

[March 22 - May 7, 2021] **Grant Writing**

Have a great idea that needs grant funding but don't know where to start? Think applying for a grant is too complicated? Think again! This course will help you understand how to identify funding resources, the process of creating and submitting a grant, and how to seek continuing funding for your project. Instructor: Carmen Cowick

[March 22 - May 7, 2021] **Resources for Young Families**

This course explores the importance of the role of parents/guardians as a child's first teachers and how librarians can foster the development of early literacy in the home. Students apply knowledge of community evaluation and childhood development to the design of parent education and outreach services. Emphasis will be given to outreach in historically underserved populations, encouraging parent interaction with children, and early language development in young children. Instructors: Elizabeth Hoffman & Jeana Menger

[March 22 - May 7, 2021] **Work & Our Well-Being**

The coronavirus pandemic is impacting almost every aspect of our lives. Many library employees are under a great deal of stress and are experiencing a high level of uncertainty. An emphasis on workplace well-being is more important than ever. How can we take care of ourselves and take care of one another as we respond to the needs of our communities? Instructor Brenda Hough



NCompass Live Webinars

Reading Diversely

Dec 2 10am-11am (Central)

Register

Esports & Evidence-Based

Connected Learning

Dec 9 10am-11am (Central)

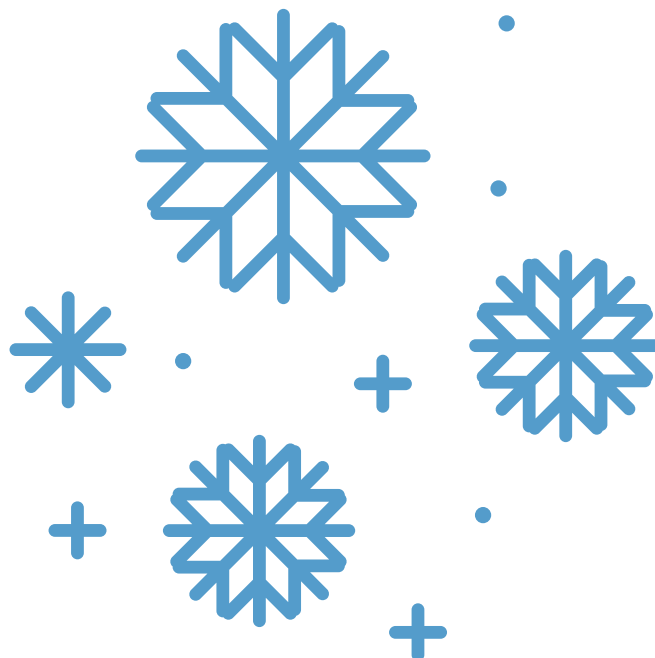
Register

Pretty Sweet Tech - Video

Production: Tools, Tricks & Tips

Dec 30 10am-11am (Central)

Register



UPCOMING BASIC SKILLS CLASSES

Class: Library Services to Children & Teens

Class Date: 11/30 - 12/11

Instructor: Sally Snyder

Registration: 10/26 - 11/20

Class: Intellectual Freedom

Class Date: 12/14 - 1/4 (*)

Instructor: Holli Duggan

Registration: 11/16 - 12/7



There will be more classes added and an updated 2021 schedule, so if you are unable to attend these dates, there will be more options coming up. These classes will hopefully help if you need to finish up your Basic Skills certification requirements. Please note that the Intellectual Freedom class does fall over the holidays, but it is scheduled to allow for extra time, if needed. This class, like the other Basic Skills classes, does not require you to be logged in at any specific times.

Upcoming classes:



How to "Speak Data": Librarians as Public Health Ambassadors (Dec. 15)

<https://nnlm.gov/how-to-speak-data>

Data has become central to many aspects of civic life – governments run open data portals, organizations release public datasets, newspapers publish data-driven stories. How can librarians navigate this all more effectively? How can you help library patrons learn to use what they find in these data resources? Librarians can play an impactful role as "data ambassadors", assisting their communities in finding and using data as part of their life as citizens. Join Prof. Bhargava for an interactive virtual workshop that will introduce participatory approaches to building your ability to "speak data". You'll leave the session with more confidence in your own ability to work with data, a language for talking about the role data can play in civic engagement, and experience with playful activities you can run yourself to build data literacy with your colleagues or patrons.

Food for Thought: Exploring Nutrition Information Resources (Dec. 17)

<https://nnlm.gov/class/food-thought-exploring-nutrition-information-resources/27007>

This class is designed to assist librarians, public health workers, health professionals, and the general public in locating authoritative information on nutrition and topics relating to nutrition. Background information on the importance of nutrition information to other health-related topics will be included, and resources for locating nutrition-related statistics and evidence-based practice will also be identified.

Beyond an Apple a Day: Providing Consumer Health Information at Your Library (Jan. 8 - Feb. 5)

<https://nnlm.gov/class/beyond-apple-day-providing-consumer-health-information-your-library/27008>

This hands-on class will cover the health information seeking behavior of consumers and the role of the librarian in the provision of health information for the public. Come learn about the evolution of consumer health, health literacy and the e-patient. Participants will leave equipped with knowledge of top consumer health sites. We will discuss creative ideas for health information outreach. The class will wrap up with an opportunity to explore effective marketing approaches and develop an elevator speech.

Wellness in the Library Workplace (Jan. 11 - Jan. 24)

<https://nnlm.gov/class/wellness-library-workplace/24927>

You're a library worker. You're already helping those in your community find health information. As a library worker, what are you doing to manage your own well-being? Individual and community well-being are inherently connected. Thus, it is critical that workplaces be an area of wellness for their employees. Join us to discover ways to improve your own personal well-being and create a healthy workplace. If you are a supervisor, how are you helping to ensure your staff stays healthy (physically, emotionally, etc.)? We will also discuss ways to increase overall wellness for all staff in libraries so that we have happy, healthy, and safe work environments.

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Tony Anderson

Doris Brandon

Terri Eberly

Judy Hagan

Janene Hill

Terri Johnson

Lori Long

Linda Nickel

Shelley Ruterbories

Matthew Williams

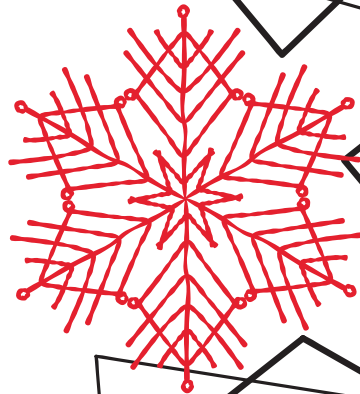
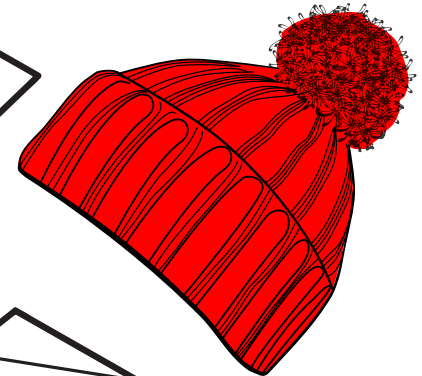
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